

ISOLATERAL PEC DECK

JPL-107

◆ The Isolateral Pec Deck is designed to target and strengthen the muscles of the chest, particularly the pectoralis major muscles. This isolateral design allows for independent movement of each arm, providing a more balanced and controlled workout.

◆ **DIMENSION:**  
Length : 72 inches / 183 cms  
Width : 45 inches / 114 cms  
Height : 64 inches / 163 cms

◆ **MUSCLE WORKED:**  
Pectoralis Major

